



Southern Visions Villa & Bike 2010 program



WELCOME TO PUGLIA! We will meet at Ca' del Fico any time after check in at 4 p.m. on your Saturday arrival date. It is very important to note that check in at the Villa is on Saturdays, or special approval will need to be made by the Owner and Southern Visions. It is very important to note that not all of your bicycle rides will originate from the villa, so it is important that you rent a car for your trip.

This trip is so special because not only will you have the luxury and comfort of a private villa, but we have designed a fantastic trip that is customizable by you! Your cycling routes and trip design are flexible in that you are able to decide in which order you will experience the days below. We think you will be very impressed with the caliber of bicycle we provide, a Dynatek Road Bike with Shimano parts.

Your trip will start with an official welcome to Puglia from your Southern Visions Guide, at your Villa, Ca del Fico. The guide will spend time during your Meet and Greet, sharing various suggestions on the region, shops, restaurants, and many other Puglia treasures. More information on your itinerary is found below. Please remember, the order in which you choose to experience the daily trips, is completely up to you!

We suggest you arrive at the Bari or Brindisi Airport at a time which allows you to rent your vehicle and drive to the Villa to arrive for a check in time no earlier than 4:00 p.m., on your chosen Saturday arrival.

Welcome to Puglia!



Day 1 – Saturday - *Arrive in Monopoli.* You will be met by one of Southern Visions (SV's) professional guides, who will go over all the logistics, answer questions, fit you to your bikes, provide you with all pertinent contact info for Puglia, and give you an introduction to the Villa. Your guide will review your route maps and make suggestions for places to visit this evening and dine! Welcome to Monopoli!!!

Day 2 - Today is a short loop ride to the Roman Ruins of Egnazia, and then you will cycle along the coast into the town of Savelletri for a stop. Savelletri is a very colorful village with fisherman boats and the freshest seafood in Puglia. Cycle back to the villa in the afternoon and take a rest before venturing out to the Centro Storico of Monopoli, where there are so many wonderful dinner options, which include restaurants off the port that serve some of Italy's freshest seafood. Or, if you choose, sample some of the best pizza at Il Tronco.....whichever dinner option you choose, make sure to leave room for a gelato at one of the many shops in the city. **(30 km ride)**

Day 3 – *Monopoli/Polignano/Conversano Loop Ride* – Today, you will load your bicycles on your car rack and drive to your origination point, Masseria Tenuta Chianchizza. From here, you pedal north along the coast to the postcard vista town of Polignano. This is a great way to get your morning started, as you enjoy a ride through a town that even the Southern Visions Team considers its own little respite from its busy workdays in Monopoli. Although this is a morning ride, we strongly suggest a breakfast of an amazing gelato or even more intense granita di caffè from “Il Super Mago del Gelo” – The super magician of ice cream. You then pedal inland to Conversano, the first of many beautiful hilltop towns. Conversano is full of character and a great way to get the legs prepared for riding all week. We will provide you with the best options and stops, and suggest some of our favorite locations for lunch. You glide back down from Conversano to Monopoli and the Masseria Tenuta Chianchizza, where you will put the bikes back on the rack and head back to the villa for a rest or into town for a walk. We hope you enjoy this active day! **(58 km ride)**

Day 4 – Take a day off and go explore Salento! We would recommend take a day off at this point to head down to Lecce, which is known as the Florence of the south. We can help you locate a charming papier-mâché making studio, antique shops and many more interesting places in this artistic, baroque style town. Make sure to enjoy a lazy cappuccino at a local cafe in this amazing architectural gem of a city. And, no trip to Lecce is complete without trying the rustico and pasticchico – we guarantee you will have one in each hand, eating to your heart's content.

Day 5 – *Alberobello & the Itria Valley!* Wake up and rack the bikes for an action packed day that will begin and end in Alberobello. Your Southern Visions Guide will meet you and take you on a professional, guided walking tour of Alberobello. We will roam around the historic center of Alberobello, navigating through narrow streets, browsing through the indigenous souvenir shops, and tasting local food at the shops. Next,

follow the cycling route deep into the Itria Valley to visit stunning Locorotondo, nicknamed “città del vino” for its excellent dry white spumante wine made from verdeca grapes. Take the opportunity to stroll through the atmospheric alleyways bedecked with geraniums and citrus plants. Continue cycling on to Martina Franca, a must-see town for its marvellously intact historic centre, beautiful Baroque architecture, and stunning *palazzi*, an architectural jewel, splendidly positioned on the hillside with wonderful panoramic views across the Itria Valley. After Martina Franca, cycle along the route back to Alberobello, and re-rack the bikes for transport back to the Villa. Tonight may be a good night to relax at the Villa! **(49 Km ride)**

Day 6 – We recommend taking one day to relax and enjoy some sensory experiences. We can recommend a way for you to embark on an olive oil tasting, indulge your culinary senses, and visit some local special sites based on your desires and needs. We can also offer you services direct to your villa at Ca del Fico, which include an olive oil massage, relaxing by the pool, and/or bringing in a private chef join for a cooking lesson and meal.

Day 7 – *Cisterno & Ostuni*. Today, your ride will begin and end at the Masseria Salamina. First, you will ride from Masseria Salamina to Cisternino, one of the most lovely and chic hilltop towns in Puglia. Here you will have sweeping views of the Itria valley below and a chance to see why this town is starting to gain some serious international status. You then cycle through the olive groves and rock strewn fields to the stunning Citta Bianca, Ostuni. Here you will enjoy a fabulous lunch on your own and breathe in the clean air from the sea only 6KM away. Following lunch, you will pedal back down Pezze di Greco to your car at Masseria and then back to villa. “*La dolce vita*” **(65 km ride)**

Day 8 – *Arrivederci!* We bid you farewell today. We know you will be changed for the better having visited us in Puglia, as we are all changed for the better living here. It will be our pleasure to assist you in checking out of Ca del Fico by 10:30 a.m. We look forward to seeing you again in Puglia, as we know once you have visited the Region, you will be back for more.



Cà del Fico Details - Views of which dreams are made

Cà del Fico is a beautifully restored villa with trullo, typical of this region of Italy. The accommodation has been completely updated and is now fully modernized to create a delightful and romantic setting in real comfort. The villa sits in its own gardens planted with many unusual and exotic plants and has the most gorgeous views over the surrounding olive groves down to the Adriatic Sea at Capitolo with its beautiful beaches. The villa comprises 2 bedrooms in total; 2 double, 1 of the bedrooms with en-suite facilities. The property also has 2 single sofa beds located in the ‘veranda’. This gives room for up to 6 people. Bed linen and towels are provided for your use. The villa has 1 bathroom and 1 WC for your party's use. A Radio system will play your cd's and the the wifi internet will allow you to connect with your families and the world outside! To prepare food you will find a cooker, an oven, a fridge, a freezer. You will also find a washing machine and clothes dryer. This is a non-smoking villa. The villa is in a very quiet area, with an east

facing garden and patio area, a lovely pool, sea views, panoramic views, and a barbeque. Close to the villa you will find a beach, swimming, sailing, water skiing, boat hire, wind surfing, fishing, horse riding, golf, tennis, historic sites, a museum, a theatre/cinema, shopping areas, a restaurant, a food shop.

FINAL THOUGHTS

Please be sure to note these important contact numbers, should you need assistance before, during, or after your trip:

Puglia: +39.340.264.4128 or +39.080.416.0030

U.S.A: +1.713-540-0989

What you get:

8 Days with 7 Nights Lodging in a beautiful villa in Monopoli

Two (2) Top Notch Southern Visions Bikes

1 Bike Rack and Installation

Welcome briefing, logistic talk and a Bike fitting

Detailed Maps and Route Notes

Peace of Mind knowing you are with the most professional service in Southern Italy

COST:

2010 Weekly Prices

From 19.12.09 to 02.01.10 – Christmas – **2399.00 Euros**

From 02.01.10 to 03.04.10 – Low – **1449.00 Euros**

From 03.04.10 to 10.04.10 – Easter – **2399.00 Euros**

From 10.04.10 to 01.05.10 – Low – **1449.00 Euros**

From 01.05.10 to 29.05.10 – Medium – **1759.00 Euros**

From 29.05.10 to 10.07.10 – High – **2179.00 Euros**

From 10.07.10 to 28.08.10 – Peak – **2399.00 Euros**

From 28.08.10 to 10.09.10 – High – **2179.00 Euros**

From 10.09.10 to 23.10.10 – Medium – **1759.00 Euros**

From 23.10.10 to 18.12.10 – Low – **1449.00 Euros**

From 18.12.10 to 08.01.11 – Medium – **1759.00 Euros**